



CAREBUILDERS AT HOME OF  
FAIRFIELD COUNTY

# COMPREHENSIVE SOLUTIONS FOR AT HOME CARE





CareBuilders at Home of Fairfield County provides comprehensive home care solutions for those in need of assistance at home. We work directly with our clients and their families to develop individualized care plans designed to meet the specific needs of each client while delivering proactive communication and peace of mind to families and others involved in the clients care.



We accept Private Pay, VA, & LTC Insurance!

- Hourly Care
- 24/7 Care
- Overnight Care
- Virtual Caregiver
- Companion Care
- Transportation
- Medication Reminders
- Personal Care
  - Bathing Assistance
  - Dressing Assistance
- Light Housekeeping
- Meal Preparation
- Pet Care

**SCHEDULE YOUR FREE IN HOME ASSESSMENT  
(203)998-0878**

*"Love is in the Care"*  
®

# Why CareBuilders

## TRUSTED PROFESSIONALS

We take pride in our team of carefully selected caregivers who are experienced, compassionate, and highly skilled. Each caregiver undergoes a rigorous selection process, including thorough background checks, drug screening, and reference verifications, ensuring that they meet our strict standards of excellence.

## PERSONALIZED CARE PLANS

We believe in tailoring our services to fit the unique needs and preferences of each individual. Our care coordinators work closely with you and your family to develop a personalized care plan that addresses specific requirements. We consider factors such as medical conditions, lifestyle, routines, and personal goals to ensure that our care aligns with your desires and promotes a sense of independence and well-being.

## COMPREHENSIVE SERVICES

We offer a wide range of services designed to meet various care needs. From assistance with daily activities such as bathing, dressing, and grooming, to medication reminders, meal preparation, light housekeeping, and transportation, we are here to provide support in all aspects of daily living.

## FLEXIBLE SCHEDULING

We understand that care needs can vary, and we are here to accommodate your unique requirements. Whether you need assistance for a few hours a day, overnight care, or 24/7 support, our flexible scheduling options ensure that care is available when you need it most. We are also available on weekends and holidays, providing peace of mind knowing that help is just a phone call away.



## SIGNS YOUR LOVED ONE MAY NEED HOME CARE

- Difficulty with daily tasks such as:
  - bathing
  - dressing
  - grooming
  - toileting
  - preparing meals
- Frequent falls or accidents
- Decline in personal hygiene
- Poor medication management
- Increase in forgetfulness or confusion
- Noticeable weight loss or weight gain
- Social withdrawal or isolation
- Unattended household chores
- Decreased mobility or difficulty with transportation



## Speciality Services

### WHAT MAKES US DIFFERENT



#### Brain Health & Fitness Program

Our Brain Health & Fitness Program is designed to stimulate cognitive development through consistent physical and mental exercise & activity to promote independence, reduce falls, and improve quality of life.

- Games
- Journaling
- In home scavenger hunts
- Ice breaker games
- Low intensity exercise

#### Virtual Caregiver

CareBuilders at Home virtual care services are provided through a cutting edge, voice-activated, technology that transforms our clients TV into an on-demand video call providing a instant connection to friends, family, and their care team at CareBuilders.

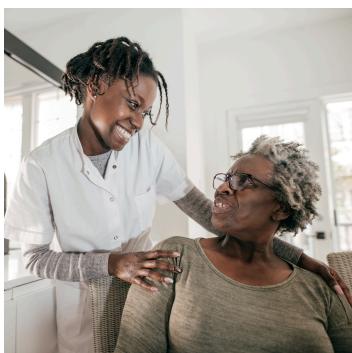
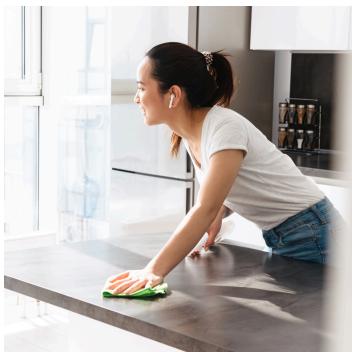
- Subscription based service
- Daily Check in & Chat Calls
- Virtual Medication Reminders



#### Personal Assistant Services

Our new Personal Assistant Services provide task specific services, with **no minimum hours** requirement, providing a cost effective alternative to traditional hourly home care and allowing our clients the option to get only the services they need, exactly when they want it.

- Personal Care Visits
- Housekeeping Visits
- Transportation Visits
- Wellness Checks



## Personal Assistant Services

Task specific services designed to provide our clients a cost effective alternative to traditional hourly home care. With no minimum hours requirement these services allow our clients to get only the services they need, exactly when they want it.

### Personal Care Visits

Up to one hour of assistance with personal hygiene including, but not limited to: bathing, dressing, shaving, nail filing, lotion application, and oral care.

### Transportation Services

Up to one hour of assistance with transportation to and from physician appointments, to run errands, go shopping, or accompaniment to social outings. Services can be provided in client or personal assistant's car.

### Housekeeping Visits

Services includes up to two hours of light housekeeping services to client areas; clean and disinfect the kitchen and bathroom; dusting, sweeping, mopping, and vacuuming. Two loads of laundry, included folding, putting away, and changing bedding is included.

### Wellness Checks

Face to face check ins designed to ensure client safety and provide social engagement. Each visit is up to 45 minutes and includes medication reminder and preparation of a meal/snack.



*"Love is in the Care"*<sup>TM</sup>



## Benefits of Home Care

- Home care promotes healing, as studies have shown that patients recover faster in the comfort of their home
- Home care can reduce falls and hospital readmissions
- Prevent avoidable trips to the hospital
- Respite or Family Caregivers
- Combats social isolation and depression
- Home care offers individualized services that are tailored to the client's health care needs and finances

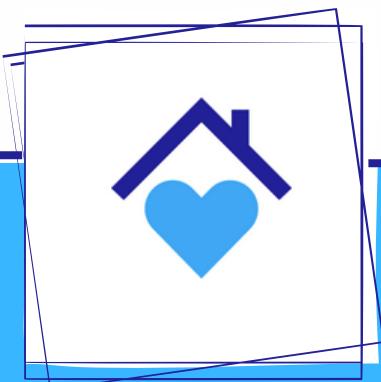
## Commitment to Quality

At CareBuilders at Home, quality is at the core of everything we do. We continuously monitor and evaluate our services to ensure that we are delivering the highest standard of care. Our caregivers receive ongoing training to stay up-to-date with best practices in caregiving, and we incorporate feedback from clients and families to enhance our services and make a positive difference in their lives.

## Free in Home Assessment

Experience the care and compassion that sets CareBuilders at Home apart. Let us be your trusted partner in providing exceptional in-home care services that enhance the quality of life for you and your loved ones. Contact us today for a complimentary consultation, and let us show you how we can help build a better future together.

*Call Today !*  
203-998-0878



LOCALLY OWNED,  
OPERATED LICENSE,  
BONDED, & INSURED